

LET'S GO
OUTSIDE AND
LEARN

Lockdown Places to Go In and around Hounslow



Indoors Get Crafty



Let's Go Outside & Learn CIC
Registration 94351120
www.lgoal.org

Places to Go During Lockdown

- ▣ We all know that nature is important for wellbeing.
- ▣ Lockdown is on for the next 3 weeks and we are recommending that you make the most of things by getting outside and enjoying nature while the days are still dry and mild!



There's plenty of places and spaces!

- ▣ Why not try going somewhere new but local to you? This is Chiswick House but did you know that the gardens and café are open during lockdown. There's an affordable car park on site too.



Osterley and Heston

- ▣ If you live in Osterley or Heston there are lots of green spaces to explore. Osterley Gardens and Heston Park are accessible and wonderful spaces.



Heston Park



Osterley Park



Donkey Woods

- ▣ Enjoy a relaxing wander and try a bit of forest bathing in Donkey Woods.



Did you know

- ▣ Donkey Woods was once the site of a gunpowder mill.
- ▣ In the 16th Century the Upper Duke of Northumberland's River was constructed to supplement the water power. This river links the river Colne to the River Crane. Built in 1635 as a sword Mill and soon after converted to the manufacture of gunpowder. You can still see some evidence of the mill to this day!

Gunnersbury Park

- ▣ The museum may be closed but there's plenty of space to wander around the grounds.



History of Gunnersbury Park

- ▣ Gunnersbury Park is a park in the London Borough of Hounslow between Acton, Brentford, Chiswick and Ealing, West London, England. Purchased for the nation from the Rothschild family, it was opened to the public by Neville Chamberlain, then Minister of Health, on 21 May 1926.
- ▣ There's parking next door to the park along Pope's Lane and the bus from Hounslow is the E3 or train to Acton Town.

Take an atmospheric stroll along Thames Riverside in Isleworth



What's in a name?

- ▣ Isleworth has been a riverside settlement for over 4000 years.
- ▣ Neolithic remains have been found between Syon House and Brentford, and a Roman settlement is known to be situated on the ham in Brentford.



History on your doorstep

- ▣ Origin of the name Isleworth
- ▣ 695 – Gislheresuuyrth – from an Anglo Saxon Charter
- ▣ 1086 – Gistelesworde – The Domesday Survey
- ▣ 1301 – Istelworth – Roll
- ▣ 1415 – Ystelworth – Roll
- ▣ 1540 – Istyllworth – Local documentation
- ▣ 1593 – Thistleworth or Gistelesworth Norden and Lysons, historians
- ▣ 1635 – Istelworth and Istleworth – Moses Glover Map 1635 (two spellings on map)
- ▣ 1702 – Istleworth – shown on a memorial in the parish church
- ▣ 1742 – Isleworth – on an engraving by Thomas Preist

If you are staying home

- ▣ Why not make a little jar of promises?



What you will need

- ▣ Some dried out leaves or decorative fabric ones.
- ▣ An empty clean glass jar with lid
- ▣ PVA glue and a spreader



How to make it

- ▣ First, make sure the outside of your jar is clean.
- ▣ The leaves won't stick if the jar is oily or dirty.
- ▣ Bend the leaves a little bit to loosen them up.
- ▣ If they are real leaves, you may want to dampen them slightly.
- ▣ To decoupage, dip your brush in the glue and paint a thin layer on a section of the jar.
- ▣ Place a leaf on the jar. Paint more glue on top of the leaf in thin layers, making sure to smooth out the edges. Start in the centre of the leaf, and push your way out to the edges with your fingers.
- ▣ It may take a few layers, but the leaf should stick to the jar.

Decoration

- ❑ Don't be afraid to use your fingers to smooth out the leaf so that it is fully secure. Layer more leaves on top, filling the jar with as many as you desire.
- ❑ Once all the leaves are on, it will take a few hours to dry completely.
- ❑ The tiny edges of the leaves may not stay completely down, but when the look is complete, you may barely even notice.
- ❑ Once dry, tie some raffia or string round the top for a decorative effect.
- ❑ Your jar of promises is ready to fill.
- ❑ Alternatively, put a battery candle or some fairy lights inside for that warm autumn glow !

