

OUTSIDE INSIDE

Newsletter



NATURE ACTIVITIES FOR HOUNSLOW RESIDENTS IN 2020

Funded through the Hounslow Thriving Communities Response Fund

Let's Go Outside and Learn CIC Registration 9435120

Newsletter 6/ 19th August 2020

Welcome to our newsletter!

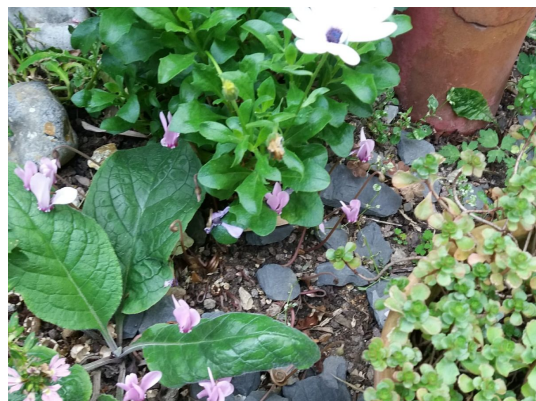


The Flowers and Plants are Blossoming

This week we have been sharing photographs of plants and gardens as they bloom and grow. What green fingers our friends have!!

Mal sent us these lovely pictures of her garden. Mal explains “It’s not a large garden but being outside pottering around keeps me sane during these times.”

Dal and Najma shared their latest pictures of the plants that they have grown from seed. Sheila’s been growing this Emperor Bean Tree in her yard too.







Do they remind you of fairies!

Out and about with Let's Go Outside & Learn

This week, Mairi went for a little trip to Mayfield Lavender Farm in Banstead. It's about an hour's drive from Twickenham but well worth the journey.

Mayfield Lavender is the creation of Brendan Maye. In the 1990's and early 2000 Brendan was the Managing Director of the fine fragrance division of Wella UK. At the time Wella owned Yardley, an old English Lavender brand that was struggling to compete in the fragrance market.

To regenerate interest in Yardley Brendan wanted to re-establish its lavender credentials by growing lavender. That way he could visually demonstrate how beautiful lavender is.

In 2002 Brendan secured the lease of the field at Banstead, which happened to be one of the original Victorian Lavender fields. The field was planted, however, in the first year, having planted half the field with 70,000 tiny plugs, disaster struck when the crows and magpies pulled up each and every one of the small plugs!

[Here is a link to their website](#) which is filled with all the information you need for a day trip or afternoon tea among the lavender.



A CUPPA & a chat

BYO*

*For now you must provide your own Cuppa, but once we can spend time together in the park we will provide it for you.

LET'S GO OUTSIDE AND LEARN

Connect with others and explore nature from the safety of your home.

We can't take you out for a stroll just now, but join our nature-based activities to learn something new, awaken your senses and connect with others.

See website for weekly activity details www.lgoal.org
TO JOIN IN PLEASE REGISTER. EMAIL outdoor.learning@outlook.com OR
Phone Mairi 07939001731 or Frances 020 8401 6837
facebook.com/LetsGoOutsideAndLearn/
Let's Go Outside and Learn CIC Registration Number 9435120

Join our weekly meetings from the safety of your home!

The weekly meetings are a great way to explore nature and meet new people. We meet every Tuesday at 11am for an hour for a telephone conference call to discuss nature related topics, to share experiences and keep in touch. It is easy to join, you can take part in some great activities as well as meeting new people.

Phone or email to find out how to join in. outdoor.learning@outlook.com

There are new activities included on our [website](#) every week under the tab **NATURE AND WELLBEING**. We will feature some of them in our newsletter.



Fairy in The Forest at Virginia Water

This week Irene's travels took her to Virginia Water where she snapped a picture of a fairy in the forest!! When she got home, she made her own. She told us:

"The fairies are magnum sticks - (must eat more),the wings are made from a leaf. Dress felt arms pipe cleaner rest lace bits and bobs from my craft stuff. I painted the shoes on. I actually split the stick at the bottom with a knife, but you don't have to. Simple really. The pebble came from the forest and I painted it."

Perhaps you could make a tree fairy and leave it in your garden or local park.

For more activities about trees see our [Trees in folklore and tradition activity](#) on the website.

Memory Lane

You could use old fashioned clothes pegs to make some garden fairies like those that Irene made. Now, who can remember them?

We seem to have had a trip down memory lane this week prompted by the

This got us thinking about black and white television and landline phones. What can you remember from your childhood that has changed beyond recognition for this generation?

Find Out More

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Newsletter 2*

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outdoor.learning@outlook.com

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