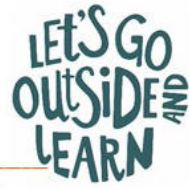


OUTSIDE INSIDE



HOME BASED NATURE ACTIVITIES FOR HOUNSLOW RESIDENTS IN 2021

Funded through the Hounslow Thriving Communities Response Fund
Let's Go Outside and Learn CIC Registration 9435120

Newsletter 28 / February 2021

Welcome to our newsletter!



With February there is a whiff of spring in the air, and all of a sudden the days are much longer. Outside there are the signs of new life in the buds of the trees and bulbs beginning to show their heads above the ground. Something to look forward to in the weeks ahead.

Out and about in the local area

These pictures show that spending time closer to home doesn't always mean that we encounter less when we are outside. Reducing the time we spend outside might mean we just have to look at things differently.

Daily lockdown walks or time in the garden is an opportunity to zoom in and pay much more attention to the small things that are all around us.



Have you ever looked closely at tree bark. Can you see anything in the patterns made by the lichen?

Look closely at the patterns in the bark. Each tree species is different. Even if you can't identify the tree, you can enjoy looking at the differences.





The older the tree the more interesting it becomes.



Decaying trees can look like an art installation as well as performing a vital function for wildlife.

Zoom in on your local area

How well do you know the area around your home?

This week we have been thinking about maps. Our weekly activities have lots of ideas that will allow you to investigate the streets around your home, including creating a sensory map of the streets close to home or your home and garden.

There is a link to an Ordnance Survey map to colour, and we have included some examples of how artists have used maps as art to depict more than just places but also people, history and wellbeing.

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Maps as art

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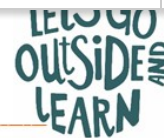
[Read more about how Kate McLean maps a city's sensory landscape](#)

Stay In Touch

At this time of year, it's really important to stay in touch and bring your cuppa to the phone for a chat.

We are always available for a chat on a Tuesday from 11-12 on our free conference line. Please get in touch if you would like to join in. We always have really interesting conversations and a bit of fun too!

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If you are still isolated in your home by the Coronavirus or want to meet new people, join us and use nature as an inspiration.

Take part in our nature-based activities to learn something new, awaken your senses and connect with others via a weekly telephone chat. In addition, there are weekly activities on the website and regular project newsletters. TO JOIN IN PLEASE REGISTER

Website www.lgoal.org

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facebook.com/LetsGoOutsideAndLearn/



**Click here to look at our website for more ideas of things to keep
you busy over the next few weeks**

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