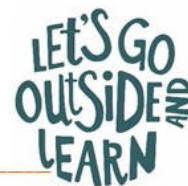


OUTSIDE INSIDE



HOME BASED NATURE ACTIVITIES FOR HOUNSLOW RESIDENTS IN 2021

Funded through the Hounslow Thriving Communities Response Fund
Let's Go Outside and Learn CIC Registration 9435120

Newsletter 25 / January 2021

Welcome to our newsletter!

Happy New Year 2021

Dear Friends,

Welcome back to a new year which we hope will be packed with fun and laughter. At the moment, we are all riding the storm produced by this dreadful virus but, with a vaccination programme under way and, hopefully, an effective lockdown until mid- February, we should enter Spring with a smile on our faces to match the new life that we will see appearing all around us!

The days are slowly beginning to get longer so, it means that we have no excuse not to take ourselves outside once a day for some exercise and fresh air.

Hogmanay 2021 From Scotland Using Drones

Here is the amazing drone footage made for New Year in Scotland.

Fare Well - Edinburgh's Hogmanay 2020

Happy Watching !

Your Holiday Snaps

During the holidays, we had some lovely photos shared on the What's APP group.

Salie sent this image of a clear full moon taken on New Year's Eve. It would make a great book cover for a mysterious story.

Sheila took this image of a beautifully carved bench and had us all guessing as to where you might see this.

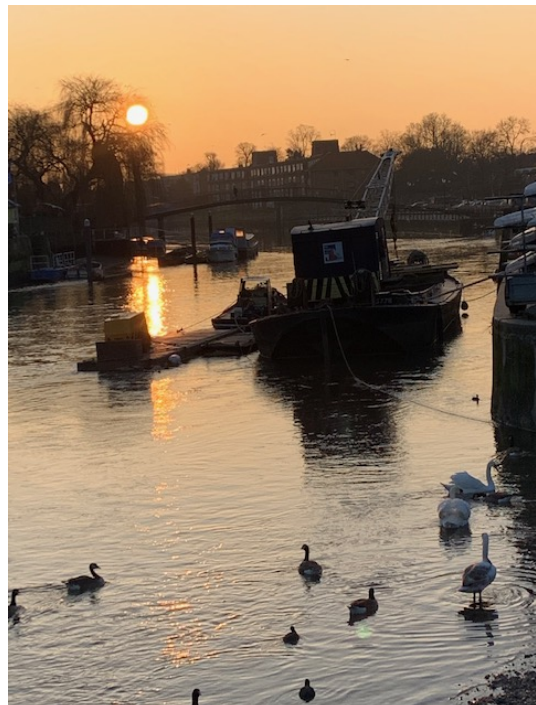


How Well Do You Know Your Local Area?

We have been playing a game on social media too – Guess the local location.

Here are the latest photos for you to ponder. Keep watching on facebook, twitter and Instagram for more images. Answers next week.

You can contact us with your images at the links at the bottom of the page.





Festive Cheer

During the festive season, the team at Let's Go Outside & Learn delivered just under 200 festive planting packs to isolated members of the community.

Feedback was extremely positive and we hope the plants are thriving in their homes.



In Celebration of Indoor Plants!



every day growing indoors.

Mairi's tulips are thriving on the window ledge in her kitchen well away from the hungry squirrels.

Tulips thriving in the warm away from any hungry squirrels.

We'd love to hear about any of your gardening activities or anything that you notice while you are taking exercise.



Finally, a bit of awe and wonder!

This image was taken using a special telescope from a garden in Linlithgow, Scotland. It's a view of the Orion Nebula which is a stellar nursery where new stars are born.

It certainly makes you realise what an amazing universe we live in!

There's been lots of interesting moons and planets to look at over the last few months and it's been wonderful sharing our knowledge and photos of these.

We look forward to more star gazing together over the coming months.



Stay In Touch

At this time of year, it's really important to stay in touch and bring your cuppa to the phone for a chat.

We are always available for a chat on a Tuesday from 11-12 on our free conference line. Please get in touch if you would like to join in. We always have really interesting conversations and a bit of fun too!

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If you are still isolated in your home by the Coronavirus or want to meet new people, join us and use nature as an inspiration.

Take part in our nature-based activities to learn something new, awaken your senses and connect with others via a weekly telephone chat. In addition, there are weekly activities on the website and regular project newsletters. TO JOIN IN PLEASE REGISTER

Website www.lgoal.org

Email outdoor.learning@outlook.com

Phone Mairi 07939001731 or Frances 020 8401 6837

facebook.com/LetsGoOutsideAndLearn/



Click here to look at our website for more ideas of things to keep you busy over the next few weeks

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