## Meadway Orchard News





### Autumn 2025

Be part of it. Get involved, feel better.

The second Open Day at Meadway Orchard was held at the end of August 2025 and attended by over 50 local people. The volunteers were pleased to welcome the Mayor of London Borough of Richmond and show her some of the work that they have been involved in.

It was an opportunity for local people to learn more about the work of the volunteers, to take part in family activities and to meet new people. Susie John, a local artist, was there to lead a workshop demonstrating how to make plant supports from willow.







For more information including the Year 1 report see: <a href="https://www.lgoal.org/get-involved-2/grow-wild-in-richmond-parks/">www.lgoal.org/get-involved-2/grow-wild-in-richmond-parks/</a>
To get in touch or for referrals to the project email: <a href="mailto:info@lgoal.org.uk">info@lgoal.org.uk</a>

# Weekly conservation volunteering activities in beautiful green spaces

Join the Friends of Meadway Orchard and Let's Outside and Learn to take part in weekly conservation sessions that benefit local green spaces, as well as your health and well-being. The activities bring people together outdoors, to care for local habitats and wildlife, learn new skills and connect to nature and with other people. Everyone welcome, no matter what their ability or level of practical experience. have an exciting programme of work and activities over the next few months and would love to hear from you.

We meet weekly at:
Meadway Orchard
Meadway
(Next To 55 Meadway
Opposite Twickenham
Gardening Club)
Twickenham TW2 6PG
Time: 10 45-2 00

#### Working with schools and colleges

We have welcomed young people over the last year, including students from the plumbing and carpentry departments at Richmond College and students from Radnor House School. The Richmond College students planted a hedge with us and designed and built some bee towers that will be placed in green spaces local to the college. The Radnor House students worked with the council contractors to build a magnificent stag beetle loggery in Kneller Gardens. One student said: "Today I have made a difference by creating a path and making a loggery."

Let's Go Outside and Learn worked with the supported learning team at Richmond College to involve their students in activities in Kneller Gardens as part of their work experience. The students prepared and planted the sensory garden and earned AQA unit awards to demonstrate the skills that they have learnt.





Over the next few months, we have a big programme of work planned. Our priority is to complete the pond at Meadway Orchard adding plants and some gravels. We are planning some woodland management in Meadway Orchard and will be developing a new orchard area there. We will also be planting a new hedge in Kneller Gardens, a continuation of the existing hedge along the railway line.

### BENEFIT YOUR HEALTH AND WELLBEING

The project aims to use conservation volunteering to support local people to benefit their health/wellbeing, to feel connected to nature, to learn new skills, play an active role in their community and to create personal networks.

After a year we looked at how we have been doing. Between April 2024-March 2025, 29 adults and 26 students contributed 1575 volunteer hours. We attended 12 events to promote the activities and had 11 people referred to the project by local social care organisations. This is how participants said that they benefited from attending:

"Good to have a regular time every week to be committed to go to. I've enjoyed learning and socialising with different people."

"Improved my mental wellbeing and feeling connected to the community. I have had a sense of purpose in improving the environment and habitats."

"Learnt new skills and made friends"

To read the full report visit the website:

https://www.lgoal.org/assets/documents/meadway-year-1-report-2024-5

To contact us email: info@lgoal.org.uk Telephone 020 8401 6837
Please discuss referrals with us before signposting, we are an accessible group but need to understand any participant needs to be able to accommodate everyone.

We are grateful to our funders:



