



COLOURS IN WINTER

LOOK AROUND THERE ARE LOTS OF COLOURS IN NATURE

FIND OUT WHY SOME ANIMALS CHANGE COLOUR IN WINTER
INTERESTING FACTS ABOUT ROBINS AND OTHER BIRDS
TRY OUR COLOURFUL SEED CRAFT ACTIVITY



Colours In Winter

Have you ever noticed how some wildlife change colour in the winter?

- ▣ Hares often adapt their coats in winter.



The Arctic Fox



Weasels



Dark to White

In Winter, some animals exchange their summer drab for the purest white.

- ▣ Camouflage is one factor.
- ▣ It is likely that the switch to winter whites offers other advantages.
- ▣ Scientists believe that if staying hidden were the only upside, many more snow dwellers would be white, but that is not the case.
- ▣ One theory is that a pale coat may have better insulating properties – because melanin, the substance responsible for coloured hair, is absent from white fur, leaving air spaces in the hair shaft.

If you are looking for colour in your garden, look no further than this bright robin!



Why do robin's have a red breast?

The robin's distinctive red breast is a beautiful sight as it's seen against a backdrop of fresh snow. It's actually a tool in their ongoing campaign to gain or retain territory, according to research from the University of Cambridge. For each year that passes, a male's red breast gets a little larger.

Berries give birds a feast of nutrition through the cooler months and add a touch of colour too!



Plant some berries

Berries are full of sugars, fats, and antioxidants with lots of the calories that birds need to survive freezing winter nights.



Holly is not only bright and cheerful

- ▣ It also makes good food to attract greenfinches and waxwings to your garden
- ▣ The berries are long lasting and provide good winter colour.



There is colour everywhere –
even in winter



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Take a walk in Richmond Park

Even when it snows – you will find beauty in nature!



Winter Seed Craft



A touch of colour

All you need are :

- ▣ Seeds and grains (e.g. beans, rice, corn, sunflower seeds)
- ▣ Nut shells (optional)
- ▣ White glue or clear liquid glue
- ▣ Poster board or cardboard
- ▣ Small spoon

Colour In Your Winter Home

- ▣ Collect seeds of all sorts of shapes, sizes and colour. Rice, beans, bird seed, corn kernels, and sunflower seeds are examples of seeds that you can use.
- ▣ Sketch a picture



Colour Craft

- ▣ Work on your mosaic a section at a time. Start with one shape or section in your picture. Squeeze some glue inside the shape. Spread the glue with your finger or a paint brush.

