

November 2020

Outside, Inside for Hounslow residents in 2020

A calendar of nature based activities for lockdown



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Take a walk in a local park and enjoy the autumn colours.	Become an expert. Pick an animal and learn more about	Put up a nest box in your garden or on a house wall.	Calculate your carbon footprint and make an action plan	Prepare pot plants for winter. Bring tender plants inside.	Watch the wind blowing the leaves from the trees.	Plan a photo diary of your walks or your garden in winter.
8	9	10	11	12	13	14
Plant bulbs to watch over winter. They give hope of spring.	Collect some coloured leaves from your garden or local park.	Join a freecycle group	Make your own birdfeeder or put out some food for birds	Remember the garden in summer or take a summer tour	Start a compost heap	Go foraging in a local park.
15	16	17	18	19	20	21
Learn about cloud formations and keep a cloud diary.	Plan a new bed or plant pot – think about colours and texture	Learn to identify trees . How many types can you spot?	Look for berries on trees, how many colours can you see?	Pot up your herbs or buy some to include in your cooking.	Build a bug hotel for your garden, patio or outside your door.	Audit your recycling and see if you can recycle more .
22	23	24	25	26	27	28
Put out water for birds and animals. Change regularly.	Up-cycle something that you would have thrown out.	Make a pomander using cloves and an orange	Write a wish on a fallen leaf and let it blow away in the wind.	Go for a walk and look for squirrel's drey in the trees	Grow a tree from seed – acorns, haws, conkers or helicopters	Attract robins with fruit, seeds, suet & sunflower hearts
29	30	<p>We would love to hear how you get on. Send us an email or contact us with your news and photos or join our weekly telephone chat every Tuesday</p> <p>Email: outdoor.learning@outlook.com Phone: Frances 020 8401 6837 Mairi 07939001731</p> <p>www.facebook.com/LetsGoOutsideAndLearn/ www.lgoal.org</p>				
Collect leaves in bags to make leaf mould. Use after 2yrs.	Make some natural festive decorations					