

NEWSLETTER

Let's Go Outside and Learn Project Newsletter

April 2017

Take a stroll with Let's Go Outside and Learn

We have launched our project “A stroll, a cuppa and a chat” to get more people in Hounslow out into the great local parks.

We are working in 4 different parks—Inwood Park, Hanworth Park, Heston Park and Redlees Park. The timetable can be found on our website www.lgoal.org

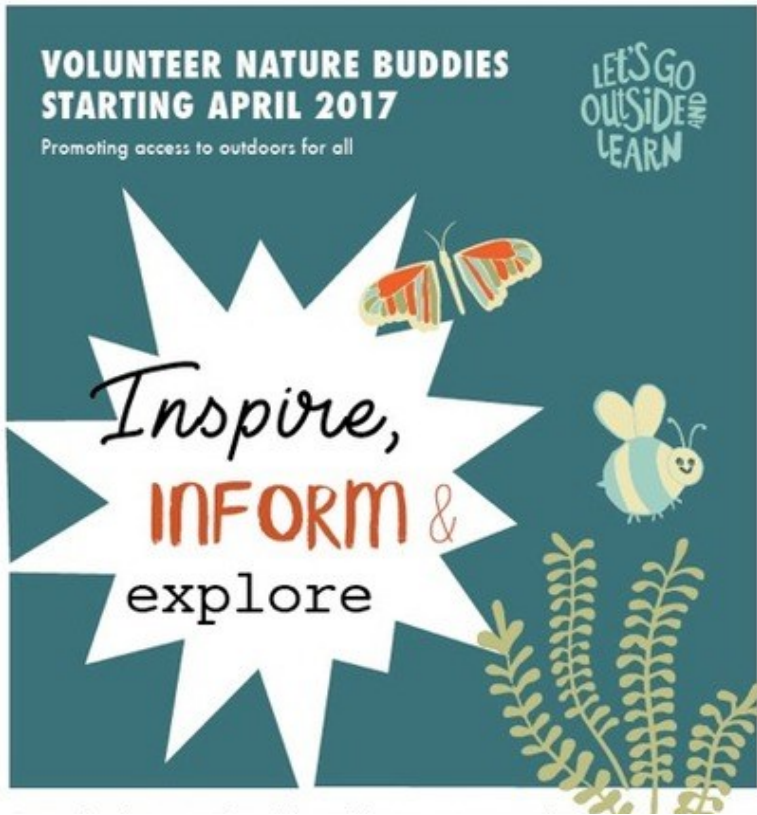
The activities are free and there is no need to pre-register. We welcome everyone, and stroll at a pace that suits those attending. The idea behind the project is to get people outside to enjoy the the benefits of spending time outside and to meet others informally. We welcome referrals from different agencies working in Hounslow and we are particularly hoping to target people at risk of isolation. The activities planned are very flexible and will be developed to suit the group



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A chat and stroll in Redlees Park.



Calling All Nature Buddies

Do you like being outside? Do you like chatting to new people?

If you are able to commit three hours a week and are over 18 we would love to hear from you. We are looking for nature buddies to help us inspire local people to use their parks. You will help them discover the amazing green spaces on their doorsteps and make new friends.

Contact us to register as a Nature Buddy or find out more on our website.

The Muddy Footprints Challenge Awards



We work with schools to deliver afterschool environment clubs using the Muddy Footprints Challenge an environmental stewardship scheme which supports curriculum learning. Children receive a progress chart and certificates as they discover, learn and are inspired by the world around them. Contact us to find out more. outdoor.learning@outlook.com

Introducing Let's Go Outside and Learn CIC Promoting access to outdoors for all

We aim to promote outdoor learning by encouraging individuals of all ages to discover and explore their natural environment through inspiring practical activities. You will learn through what you do, what you encounter and what you discover. There are benefits for your health and wellbeing, you can support learning and there are benefits for the local wildlife.

Who do we work with?

We work with schools community groups and individuals of all ages. We have a panel of specialist advisers who steer the development of the organisation.

If you would like to get involved we'd love to hear from you.



The Muddy Footprints Challenge is an environmental stewardship scheme used in after school environment clubs and to engage groups of children with limited access to the outdoors such as young carers.

Contact Us

Let's Go Outside and Learn Community Interest Company

CIC registration Number 9435120

Visit us on the web at www.lgoal.org

outdoor.learning@outlook.com

Call 07939001731 or 02084016837